

Robert D. Vlisides-Henry

Curriculum Vitae

University of Utah, Department of Psychology, 380 South 1530 East, Room 502,
Salt Lake City, UT 84112 | robert.vlisideshenry@psych.utah.edu

EDUCATION

Ph.D. (expected 2023) Clinical Child and Family Psychology
UNIVERSITY OF UTAH, Salt Lake City, UT

M.S. (2019) Psychology
UNIVERSITY OF UTAH, Salt Lake City, UT

B.A. (2017) Psychology and Biology (*Magna Cum Laude*)
Minor: Neuroscience
HOPE COLLEGE, Holland, MI

RESEARCH and CLINICAL INTERESTS

Developmental Psychopathology; Emotion Regulation; Research Methodology; Borderline Personality Disorder; Self-Injury; Suicidality; Temperament; Psychophysiology; Risk/Resilience; Clinical Assessment; Dialectical Behavior Therapy

HONORS

COMMENDATION IN SERVICE, Department of Psychology, University of Utah (2019)
COMMENDATION IN RESEARCH, Department of Psychology, University of Utah (2019)
GRADUATE STUDENT TRAVEL ASSISTANCE AWARD (**\$500**), University of Utah (2019)
JUNIOR SCIENTIST FELLOWSHIP (**\$1000**), APAGS and Psi Chi (2018)
CLAYTON RESEARCH FELLOWSHIP (**\$5,500 summer funding**), University of Utah (2018)
SIGMA XI, Hope College (2017)
PHI BETA KAPPA (2017)
PSI CHI REGIONAL RESEARCH AWARD (**\$400**), Midwestern Psychological Association (2017)
KAY WILSON OFFICER TEAM LEADERSHIP AWARD (**\$2,000**), Psi Chi (2016)
HOPE COLLEGE DEAN'S LIST, 7 semesters
PHAGE GENOMICS HONORS RESEARCH STUDENT, Howard Hughes Medical Inst. (2013–2014)
PRESIDENTIAL SCHOLARSHIP, Hope College (2013–2017)

GRANT FUNDING

2018	Maternal stress and emotion dysregulation as predictors of newborn neurobehavior (\$500 total costs) <i>Vlisides-Henry is PI</i>	Student Pilot Grant, C-FAHR
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2018	Prenatal exposure to maternal stress and emotion dysregulation (\$500 total costs) <i>Vlisides-Henry is PI</i>	Student Grant Competition, APSSC
2016	The impact of grit and self-consciousness on peripheral physiology (\$5,000 total costs) <i>Henry is PI</i>	Undergraduate Summer Research Grant, PSI CHI and CUR
2015	Embodying virtue: A review of the positive psychology and psychophysiology literature <i>Henry is Student Investigator</i>	Frost Center for Social Science Research, HOPE COLLEGE

PUBLICATIONS

8. Witvliet, C. V. O., Root Luna, L. M., **Vlisides-Henry, R. D.**, & Griffin, G. D. (in press). Consecutive reappraisal strategies strengthen and sustain empathy and forgiveness: Utilizing compassion and benefit finding while holding offenders accountable. *Journal of Positive Psychology*. doi:10.1080/17439760.2019.1615104
7. Crowell, S. E., **Vlisides-Henry, R. D.**, & Kaliush, P. R. (in press). Emotion generation and regulation as multilevel transdiagnostic constructs. In T. P. Beauchaine & S. E. Crowell (Eds.), *Oxford handbook of emotion dysregulation*. New York, NY: Oxford.
6. **Vlisides-Henry, R. D.**, Crowell, S. E., Kaufman, E. A., & Lin, B. Social processes and dyadic designs. (in press). In A. G. C. Wright & M. N. Hallquist (Eds.), *Cambridge handbook of research methods in clinical psychology*. New York, NY: Cambridge University Press.
5. Kaliush, P. R., **Vlisides-Henry, R. D.**, & Crowell, S. E. (in press). Complexity and transactions: Author rejoinder to commentaries on assessment of mechanisms in personality disorders. In Lejuez, C. W., & Gratz, K. L. (Eds.), *Cambridge handbook of personality disorders*. New York, NY: Cambridge University Press.
4. Crowell, S. E., Kaliush, P. R., & **Vlisides-Henry, R. D.** (in press). Assessment of mechanisms in personality disorders. In C. W. Lejuez & K. L. Gratz (Eds.), *Cambridge handbook of personality disorders*. New York, NY: Cambridge University Press.
3. Ostlund, B. D., **Vlisides-Henry, R. D.**, Crowell, S. E., Raby, K. L., Terrell, S., Brown, M., ... Conratt, E. (2019). Intergenerational transmission of emotion dysregulation: Part II. Developmental origins of newborn neurobehavioral risk for psychopathology. *Development and Psychopathology*, *31*, 833-846. doi:10.1017/S0954579419000440
2. Witvliet, C. V. O., Root Luna, L. M., VanderStoep, J. V., **Vlisides-Henry, R. D.**, Gonzalez, T., & Griffin, G. D. (2019). OXTR rs53576 and gender predict trait gratitude through empathy. *Journal of Positive Psychology*, *14*, 417-426. doi:10.1080/17439760.2018.1460689

1. Pope, W. H., Bowman, C. A., Russell, D. A., Jacobs-Sera, D., Asai, D. J., Cresawn, S G., ... **Henry, R. D.**, ... Hatfull, G. F. (2015). Whole genome comparison of a large collection of mycobacteriophages reveals a continuum of phage genetic diversity. *eLife*, 4, e06416. doi:10.7554/elife.06416

PUBLICATIONS UNDER REVIEW and IN PREPARATION

Vlisides-Henry, R. D., Cinader, M., & Griffin G. D. (in prep). Determining the oxytocin receptor rs53576 genotype in human cell lines.

Vlisides-Henry, R. D., & Root Luna, L. M. (under review). Reflecting on grit: The physiological markers of self-consciousness and a gritty personality.

Vlisides-Henry, R. D., Baucom, B. R. W., & Crowell, S. E. (in prep). Updating observational coding methods to meet open science standards.

Kaliush, P. R., Conradt, E., Terrell, S., **Vlisides-Henry, R. D.**, Neff, D., Lin, B., Shakiba, N., Crowell, S. E. (in prep). Influences of childhood maltreatment, emotion dysregulation, and stress during pregnancy on pregnant women's respiratory sinus arrhythmia.

Root Luna, L. M., **Vlisides-Henry, R. D.**, & Witvliet, C. V. O. (in prep). Embodying virtue and psychophysiology: A review.

POSTER and PAPER PRESENTATIONS

20. **Vlisides-Henry, R. D.**, Ostlund, B. D., Terrell, S., Brown, M., Conradt, E., & Crowell, S. E. (March, 2019), *Pregnant women's self-reported emotion dysregulation predicts newborn neurobehavior*. Poster presented at the 2019 Society for Research in Child Development Biennial Meeting, Baltimore, MD.
19. Neff, D., Brown, M., Terrell, S., Ostlund, B. D., Kaliush, P. R., **Vlisides-Henry, R. D.**, Crowell, S. E., & Conradt, E. (March, 2019). *Prenatal programming of the infant sympathetic nervous system*. Poster presented at the 2019 Society for Research in Child Development Biennial Meeting, Baltimore, MD.
18. Allen, A. K., Ostlund, B. D., Terrell, S., Brown, M., Kaliush, P. R., **Vlisides-Henry, R. D.**, Crowell, S. E., & Conradt, E. (March, 2019). *Maternal borderline personality disorder and physiologic stress responding during the third trimester of pregnancy*. Poster presented at the 2019 Society for Research in Child Development Biennial Meeting, Baltimore, MD.
17. **Vlisides-Henry, R. D.**, Ostlund, B. D., Conradt, E., & Crowell, S. E. (July, 2018). *Associations between maternal emotion dysregulation during pregnancy and newborn neurobehavior*. Poster presented at the International Congress of Infant Studies, Philadelphia, PA.

16. **Henry, R. D.** & Root Luna, L. M. (July, 2017). *Reflecting on grit: The physiological markers of self-consciousness and a gritty personality*. Poster presented at the Fifth World Congress on Positive Psychology, Montréal, Québec, Canada.
15. **Henry, R. D.**, Gonzalez, T., Moffat, S., Miller, M., Perkins, E., Johnson, E., Witvliet, C. V. O., Griffin, G., Root Luna, L. M., VanderStoep, J. (April, 2017). *Genetics, gender, and gratitude*. Poster presented at the Hope College Celebration of Undergraduate Research and Creative Performance, Holland, MI.
14. Pikaart, K., Cinader, M., Gonzalez, T., Greene, K., **Henry, R. D.**, Moffat, S., Nyugen, A., Zhang, T., Griffin, G. (April, 2017). *Investigating the influence of oxytocin receptor genotype on receptor sensitivity – An in vitro study*. Poster presented at the Hope College Celebration of Undergraduate Research and Creative Performance, Holland, MI.
13. Bernal, N. J., Collins, J., Van Eyl, A., Loker, R., **Henry, R. D.**, Root Luna, L. M., Giannini, H., & Witvliet, C. V. O. (April, 2017). *Flourishing and the unity of virtues*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
12. Gonzalez, T., Johnson, E., Moffat, S., **Henry, R. D.**, Perkins, E., Miller, M., Werkema, C., Griffin, G., Witvliet, C. V. O., & Root Luna, L. M. (April, 2017) *Genotypic variations of the oxytocin receptor influence forgiveness traits*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
11. **Henry, R. D.**, Perkins, E., Miller, M., Moffat, S., Werkema, C., Witvliet, C. V. O., Root Luna, L. M., & Griffin, G. (April, 2017). *Flourishing after an offense: How compassion and benefit-finding work together to promote forgiveness and well-being*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
10. **Henry, R. D.**, & Root Luna, L. M. (April, 2017). *Does grit crack under pressure? Trait grit, primed self-awareness, and the influence on physiology*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
****Psi Chi Regional Research Award Winner****
9. Werkema, C., Miller, M., Perkins, E., **Henry, R. D.**, Moffat, S., Witvliet, C. V. O., Griffin, G., & Root Luna, L. M. (April, 2017). *If the person who offended you walked into the room right now, what would you do?* Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
8. **Henry, R. D.**, & Root Luna, L. M. (January, 2017). *Don't look at me! The impact of grit and self-consciousness on peripheral physiology*. Poster presented at the annual meeting of the Society of Personality and Social Psychology, San Antonio, TX.
7. **Henry, R. D.**, Bernal, N. J., Richie, F., Snyder, A., Root Luna, L. M., & Witvliet, C. V. O. (May, 2016). *Adaptive regulation strategies in response to transgression rumination:*

Analysis of written responses following acceptance or reappraisal training. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

6. Snyder, A., Richie, F., **Henry, R. D.**, Bernal, N. J., Root Luna, L. M., & Witvliet, C. V. O. (May, 2016). *Coping with an interpersonal transgression: The impact of brief reappraisal, acceptance, and rumination inductions on forgiveness and short-term emotions.* Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
5. Black, A., Gonzalez, T., **Henry, R. D.**, Milad, M., Miller, M., Moffat, S., Perkins, E., Ryan, M., Werkema, C., Witvliet, C. V. O., Griffin, G., & Root Luna, L. M. (April, 2016). *Oxytocin receptor gene variation and forgiveness: A study of traits and states.* Poster presented at the Hope College Celebration of Undergraduate Research and Creative Performance, Hope College, Holland, MI.
4. **Henry, R. D.**, Root Luna, L. M., & Witvliet, C. V. O. (April, 2016). *Embodied virtues: A review of peripheral physiological associations with human strengths.* Poster presented at the Hope College Celebration of Undergraduate Research and Creative Performance, Hope College, Holland, MI.
3. **Henry, R. D.**, Root Luna, L. M., & Witvliet, C. V. O. (September, 2015). *Embodied virtues and peripheral psychophysiology: A review of the physiological correlates of human strengths and virtues.* Poster presented at the Arts and Humanities and Social Sciences Summer Collaborative Showcase, Hope College, Holland, MI.
2. Root Luna, L. M., & **Henry, R. D.** (June, 2015). *Virtues and psychophysiology: What do we know?* Poster presented at Hope College Research Day for Prospective Students, Hope College, Holland, MI.
1. Alexander, C., DeGlopper, K., Dorn, S., Ensink, E., Gager, C., **Henry, R. D.**, ... Stukey, J. (April, 2014). *Isolation of 32 mycobacteriophages and genomic analysis of the novel mycobacteriophage, roscoe.* Poster presented at the Hope College Celebration of Undergraduate Research and Creative Performance, Hope College, Holland, MI.

ACADEMIC TALKS

6. **Vlisides-Henry, R. D.**, Kaliush, P. R., Crowell, S. E., Ostlund, B. D., Brown, M., Shakiba, N., Terrell, S., Smid, M. C., & Conradt, E. (November, 2019). *Maternal prenatal anxious behavior predicts newborn outcomes: Implications for maternal and neonatal health care.* In S. N. Hellberg & J. S. Abramowitz (Chairs), *Advances in Perinatal Mental Health: Extending the Reach of Cognitive-Behavioral Science to an Understudied, Vulnerable Population.* Symposium to be conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

5. Crowell, S. E., Butner, J., Neff, D., Terrell, S., Kaliush, P. R., **Vlisides-Henry, R. D.**, Brown, M., Conradt, E. (March, 2019). Emotion dysregulation across generations: Mother-infant dynamics and risk transmission. In J. Lougheed (Chair), *Dynamic approaches to parent-child interactions from infancy to adolescence*. Symposium to be conducted at the 2019 Society for Research in Child Development Biennial Meeting, Baltimore, MD.
4. Kaliush, P. R., Crowell, S. E., **Vlisides-Henry, R. D.**, Terrell, S., & Conradt, E. (November, 2018). Self-injury, suicidality, and psychopathology in pregnancy: Psychophysiological response patterns to a baby cry stressor. In K. James and A. Tsypes (Chairs), *Using cutting-edge approaches to advance our understanding and treatment of self-harming thoughts and behaviors*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
3. **Henry, R. D.** (April, 2017). In M. T. Buelow (Chair), *Awards, grants, and leadership: How to increase your involvement with Psi Chi*. Psi Chi symposium conducted at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.
2. **Henry, R. D.** (June, 2016). *How grit and self-consciousness influence physiology*. Talk given at the annual Research Day for Prospective Students, Hope College, Holland, MI.
1. Black, A., **Henry, R. D.**, Milad, M., Miller, M., Moffat, S., Perkins, ... Witvliet, C. V. O. (April, 2016). *Forgiveness: A study of strategies and genetics*. Talk given at PSY 390 Department Colloquium, Hope College, Holland, MI

COMMUNITY OUTREACH and MEDIA ENGAGEMENT

5. **Vlisides-Henry, R. D.**, Barhorst-Cates, E., Campbell, M. S., & Geerling, D. (October, 2018). *Psychology as a hub science and our own research*. Talks given to SUCCESS Academy students, St. George, UT.
4. **Vlisides-Henry, R. D.** (for St. George News). (September, 2018). Successful outreach visit from university psychology department prompts more visits to rural schools [Press release]. *St. George News*. Available at <http://www.cedarcityutah.com/news/archive/2018/09/24/prc-successful-outreach-visit-from-university-psychology-department-prompts-more-visits-to-rural-schools/#.W6kr3RNKh-U>
3. **Vlisides-Henry, R. D.**, Castro, S., Nicora, G. L., Padilla, L., & Simms, M. (May, 2018). *Psychology as a hub science and our own research*. Talks given to the SUCCESS Academy class of 2019, Cedar City, UT.
2. **Vlisides-Henry, R. D.**, Nicora, G. L., Stefanucci, J. (February, 2018). *University of Utah department of psychology outreach*. Talk given to the Utah Rural Schools Association Board at the Utah State Capitol, Salt Lake City, UT.

1. **Henry, R. D.** (Featured Guest) ... Martin, R. C. (Host). (April, 2017). Episode 38: LIVE from the 2017 midwestern psychological association conference. [Audio podcast]. In University of Wisconsin–Green Bay Psychology Department (Producer), *Psychology and stuff*. Available at blog.uwgb.edu/uwgbpsych/episode38/

LICENSURES and CERTIFICATIONS

12/17 – 12/19	Adult First-Aid/CPR/AED Certification	AMERICAN RED CROSS
08/17 – 08/20	Good Clinical Practice Course	CITI PROGRAM
06/15 – 06/18	Biomedical Responsible Conduct of Research Course	CITI PROGRAM
06/15 – 06/18	Social/Behavioral Research Course	CITI PROGRAM

CLINICAL EXPERIENCE

08/19 – 05/20	Clinical Psychology Trainee, Assessment Rotation	Forensic and Pediatric Units, UTAH STATE HOSPITAL, PROVO, UT
08/18 – 04/19	Practicum Counselor, CBT and Assessment Practicums, <i>47 total face-to-face hours</i>	University Counseling Center, UNIVERSITY OF UTAH, SALT LAKE CITY, UT
04/16 – 08/16	Undergraduate Intern Psychometrist, <i>120 on-site hours</i>	Psychological Consultation Ctr, PINE REST MENTAL HEALTH, GRAND RAPIDS, MI
01/15 – 08/15	Volunteer, <i>60 on-site hours</i>	Counseling Unit, HOLLAND FREE HEALTH CLINIC, HOLLAND MI

STATISTICAL and METHODOLOGICAL TRAININGS

07/19 – 08/19	<i>Machine Learning: Uncovering Hidden Structure in Data,</i> Instructor: C. Hare, Ph.D.	ICPSR, 5-Day Workshop, UNIVERSITY OF CALIFORNIA, BERKELEY
05/18	<i>Dynamical Systems Analysis,</i> Instructors: J. Butner, Ph.D. & B. R. W. Baucom, Ph.D.	ICPSR, 5-Day Workshop, UNIVERSITY OF UTAH

CLINICAL TRAININGS

09/18	<i>Adolescent Self-Harm and Practice Skills,</i> Instructors: D. Mitchell, L.C.S.W. & M. Riquino, L.C.S.W.	NASW, Utah Chapter, UNIVERSITY OF UTAH
08/18	<i>Motivational Interviewing,</i> Instructor: G. Lord, Psy.D.	University Counseling Center, UNIVERSITY OF UTAH

TEACHING EXPERIENCE

08/19 – 12/19	Graduate Teaching Assistant, PSY 6611, Principles and Techniques of Assessment	Department of Psychology, UNIVERSITY OF UTAH
01/19 – 05/19	Graduate Teaching Assistant, PSY 3010 <i>Research Methods</i>	Department of Psychology, UNIVERSITY OF UTAH
03/13/18	Guest lecture: Clinical Psychology: A Graduate Student’s Perspective, PSY 2010 <i>Orientation to Psychology as a Science and Profession</i>	Department of Psychology, UNIVERSITY OF UTAH
12/04/17	Guest lecture: Depression, Bipolar Disorder, Self-Injury, and Suicide, PSY 1010 <i>General Psychology</i>	Department of Psychology, UNIVERSITY OF UTAH
08/17 – 12/17	Graduate Teaching Assistant, PSY 1010 <i>General Psychology</i> (online)	Department of Psychology, UNIVERSITY OF UTAH
08/16 – 12/16	Undergraduate Teaching Assistant, PSY 370 <i>Behavior Disorders</i>	Department of Psychology, HOPE COLLEGE
01/16 – 05/17	Writing Fellow, PSY 370 <i>Behavior Disorders</i>	Department of Psychology & Klooster Writing Center, HOPE COLLEGE
09/15 – 05/17	Tutor, MATH 210 <i>Introduction to Statistics</i>	Academic Success Center, HOPE COLLEGE
01/14 – 05/15	Academic Coach	TRIO Upward Bound, HOPE COLLEGE

SERVICE

Graduate Service while at the University of Utah

02/27/2019	Graduate Student Panelist, Westminster College
02/22/2019	Graduate Student Panelist, Weber State University, Neuroscience Lecture Series
2018 – Present	Diversity Graduate School Application Advisory; Undergraduate Mentor
04/11/2018	Poster Evaluator, Undergraduate Research Symposium
2018 – Present	Psychology Department Outreach Committee
2017 – Present	Psychology Department Diversity Committee

Ad hoc reviewer

2018	Emotion dysregulation and externalizing disorders, in <i>The Oxford handbook of emotion dysregulation</i> , Ch. 17
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Undergraduate Service while at Hope College

2015 – 2016	Psychology Club and Psi Chi Chapter President
2014 – 2015	Psychology Club and Psi Chi Chapter Vice President

PROFESSIONAL AFFILIATIONS

Society for Research in Child Development (SRCD)
University of Utah Consortium for Families & Health Research (C-FAHR)
Society for a Science of Clinical Psychology (SCPP)
American Psychological Association (APA)
 Society of Clinical Psychology (APA, Division 12)
 Society of Child and Adolescent Psychology (APA, Division 53)
 Society of Pediatric Psychology (APA, Division 54)
Association for Psychological Science (APS)
Psi Chi National Honors Society
TriBeta National Honors Society
Phi Beta Kappa